NOVEMBER Manalapan 2021 Top Englishtown

Weekly Alternate: PizzaBoli

Weel

Elementary Schools



MONDAY THURSDAY TUESDAY WEDNESDAY FRIDAY 5 З Popcorn Chicken w/ a Cheese Stuffed Sticks Nachos Grande w/ NJEA Convention Split Top Dinner Roll w/ Marinara Sauce Beef, Cheese, Brown Rice & Scoops **No School** 9 10 11 12 8 **Boneless Chicken** Grilled Cheese Pasta & Meat Sauce Mozzarella Sticks Pizzeria Pizza Wings w/ a Split Top Sandwich w/ Marinara Sauce **Dinner Roll** 15 16 17 18 19 Cinnamon-Glazed All-Beef Hot Dog Macaroni & Cheese w/ Thanksgiving Lunch Pizzeria Pizza on a Bun A Split Top Dinner Roll French Toast Sticks Popcorn Chicken w/ Mashed Potatoes & a Turkey-Shaped Pretzel Weekly Alternate: Chicken Patty on a Bun 22 23 24 25 26 Chicken Nuggets w/ a Nachos Grande w/ Half Day Split Top Dinner Roll Beef, Cheese, Brown **Rice & Scoops** Weekly Alternate: Grilled Cheese Sandwich 29 30 Chicken Patty on a Bun 3-Cheese Cavatappi Pasta w/ a Split Top **Dinner Roll** Weekly Alternate: 3-Bean Vegetarian Chili w/ Corn Bread Also Available Daily: Month Bagel & Yogurt Lunch w/ a Cheese Stick Month of Vegetable Grilled Chicken Caesar Salad w/ a Roll Month Chef Salad – Tossed Greens w/ Turkey, Ham & Cheese the the **Assorted Boars Head Sandwiches Tuna Sandwich Locally Growr** Cauliflower Fruits & Vegetables from The Farm Stand are included with lunch. Locally Grown Cranberries A Complete Lunch Includes: Entrée (with Protein/Grain) **Trip to The Farm Stand** Free meals for all students* (students must select at least a serving of fruit or vegetable) Hormone-Free Milk t least 50% of All Grains served w/ your meal are Whole Grain Rich Menu Subject to Change Allergy Aware menus are available for students with food allergies. Your comments are important to us. Please e-mail For more information contact your Food Service Director or see us at comments@pomptonian.com our Food Allergy Best Practices at www.pomptonian.com.

> 'This institution is an equal opportunity provider."